

Patella Tendon Rupture

What is the Patella Tendon?

The Patella Tendon that connects the Patella (Knee Cap) to the Tibia (Shin Bone).



How is it Injured?

The Patella Tendon usually ruptures when a large force is placed through it such as:

Jumping

Falling on a flexed knee

This usually occurs in middle aged people.

What problems does it cause?

You will not be able to straighten your knee once it is bent.

Investigations?

You will usually have an X-ray of your knee.

If there is any doubt after Mr Raj has examined your knee and discussed the problems you are suffering then a MRI scan (Magnetic Resonance Imaging Scan) may be requested.

Treatment

Surgery is usually required to repair the tendon.

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