

## Quadriceps Tendon Rupture

### What is the Quadriceps Tendon?

The Quadriceps Tendon connects the Quadriceps (Large muscles at the front of your thigh) to the Patella (Knee Cap).

### How is it Injured?

The Quadriceps Tendon usually ruptures when a large force is placed through it such as falling on a flexed knee.

This usually happens in elderly people.

### What problem does it cause?

You will be unable to straighten your knee once it is bent.

### Investigations?

You will usually have an X-ray of your knee.

If there is any doubt after Mr Raj has listened to your storey and examined your knee then a MRI scan (Magnetic Resonance Imaging Scan) may be requested.

### Treatment

Surgery is usually required to repair the tendon.

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