



Alternative treatment for osteoarthritis of the knee

For more information please contact our customer service team on: 0121 475 1101

Or visit our website:  
[www.bionicareuk.com](http://www.bionicareuk.com)



## THERE IS AN ALTERNATIVE TO SURGERY OF THE KNEE

BIONICARE-UK is a company that specialises in a non surgical alternative system for treatment of arthritis (osteoarthritis) of the knee. It reduces the pain and symptoms associated with this condition, and is both easy and comfortable to use.



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## What is Osteoarthritis of the Knee?

Osteoarthritis is the most common form of arthritis. It most often occurs in middle-aged and older adults but can occur at any age if the joint has been damaged because of previous fractures or some type of childhood disorder. It is a progressive, degenerative disease and usually affects the large weight-bearing joints of the lower extremities, including hips and knees, but can often affect the spine, neck and hands.

### Treatment Options - Non surgical

There are a number of non-surgical lifestyle modifications that your clinician may advise to control the symptoms of arthritis.

#### Losing Weight:

Losing weight means that you will be reducing the amount of stress on your weight-bearing joints, including the knees, hips, spine and feet.

#### Exercise & physical therapy:

To improve the strength and flexibility of the knee, exercise and physical therapy may be prescribed. The exercise program could include stretching, riding a stationary bike and light weight training. Various aquatic activities are also effective in treating arthritis since they allow mild resistance while removing the weight-bearing stresses.

#### Bracing can help manage arthritis:

To provide external stability to the knee a brace may be useful. Whether they are made of plastic, metal, leather or foam, braces are designed to stabilize the joint, reduce pain and inflammation and strengthen the muscles. The brace also causes the joint to realign by putting pressure on the sides of the joint. This decreases the contact between the bone surfaces and increases mobility while reducing pain.

### Treatment Options - Surgical

If you and your surgeon have exhausted all non-surgical measures for treating your knee pain and inflammation, you might be a candidate for total knee replacement. This procedure is often the only option for restoring an active, pain-free life. If your surgeon does decide that this is the best option for you, the following information will give you an understanding of what to expect.

The purpose of knee replacement surgery is to cut away the damaged bone of the knee joint and replace it with smooth, artificial implants known as prostheses. This prevents the bones from rubbing together and provides a smooth knee joint.

## Bionicare® system is it right for you?

Do you suffer from moderate or severe knee osteoarthritis conditions? Are you intolerant to medications or wish to avoid dependency? Are you physically or medically unqualified or unwilling to have replacement surgery?



The Bionicare® Knee System has been prescribed for over 80,000 patients to reduce the pain and symptoms of knee osteoarthritis, it is simple to use and comfortable.

	FASTER	FASTEST
<b>FAST</b>		
<b>Bionicare® Night-Wrap at night</b>	<b>OActive or Eagle OA Brace with Bionicare® during the day</b>	<b>OActive or Eagle OA brace with Bionicare® during the day and Bionicare® Night-Wrap at night</b>
<ul style="list-style-type: none"><li>● Achieve substantial hours of use while sleeping</li></ul>	<ul style="list-style-type: none"><li>● Achieve more hours of use.</li><li>● Minimize joint pressure and reduce pain when weight-bearing</li></ul>	<ul style="list-style-type: none"><li>● Maximize overall hours of use to accelerate improvement</li><li>● Minimize joint pressure and reduce pain when weight-bearing.</li><li>● Allows faster return to pain-free function</li></ul>

Now there is a NEW alternative!...

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